Cara Winter

4-27-15

6th hour

College prep

College Essay

When my parents got a divorce when I was eleven, I didn’t know how to handle it. After a couple months, I would get depressed and bored, and I would just start eating my feelings. I also had to grow up pretty fast, because I have a younger brother. I felt the need to be there for him through this tough time. Over the years, I got better at not eating my feelings and not eating just because I was bored. Since ninth grade, I have stopped doing that, I have grown up and I know better now what I should eat and when I should eat. I eat so much healthier, and with sports, it helps a lot for me to lose weight, if I need too. I’m also staying active, which is really good. So to answer this question, yes I have accomplished an event that made my transition from childhood to adulthood within my family.

 Some of my interests I do are sports, volleyball and softball. I also do 4-H in the summer at the Jackson County Fair. I show pigs; I’ve been showing pigs since I was in the third grade. My senior year will be my last year showing pigs. I also babysit in the summer as a summer job at my grandma’s daycare every other week. Sometimes, I help my grandma’s friend Penny at the Whiffle Tree Golf Course washing the golf carts and cleaning the tables where people eat their lunches. I really enjoy working with the kids at my grandma’s daycare; it teaches you patience and shows you responsibility for taking care of someone else’s kids. This is why I want to become either a nurse for little kids or a physical therapist assistant for little kids with special needs.